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Monthly Maintenance Report

alllife.co.za

November 2025

Monthly report on backups, site stats, updates, work done and any issues picked up during the month while the alllife.co.za is on our maintenance contract.

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Plugins, themes and Core: Updates, Installs and Delete.

All our updates are done manually once a week. So we can pick up errors quickly and revert to a previous backup.

Plugins

Date	Plugin Name	Action
22/11/2025	All in One SEO -v4.8.9 to v4.9.0	update
22/11/2025	Gravity Forms -v2.9.21 to v2.9.22	update
22/11/2025	Gravity Forms reCAPTCHA Add-On -v2.0.0 to v2.1.0	update
22/11/2025	Gravity Forms Zapier Add-On -v4.5.0 to v4.5.1	update
22/11/2025	No Category Base (WPML) -v1.3 to v1.4	update
22/11/2025	Wordfence Security -v8.1.1 to v8.1.2	update
22/11/2025	WP-Optimize - Clean, Compress, Cache -v4.3.0 to v4.3.1	update
22/11/2025	Connect Matomo -v1.0.30 to v1.0.31	update
22/11/2025	WP Super Cache -v3.0.2 to v3.0.3	update

Install	Update	Delete
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Backups

Our backups are automatically done each week, someone checks that the backups are available and not corrupt. We keep backups for 4 weeks and then. All sites databases and changed files are backed up every day, we keep the last 15 days of daily backups.

Security

Security for our sites is done by ithemes security plugin. The sites are scanned for any malicious code and reports on issues as they arise.